

Age-appropriate CHORES



Age 2-3

- Put toys and books away
- Put clothes on clothes hooks
- Help set the dinner table
- Put rubbish in the bin
- Put dirty clothes in the washing machine
- Bring folded clothes to the room
- Water the plants



Age 4-5

- Make the bed
- Feed the pets
- Set the table for meals
- Help put away groceries
- Dust furniture
- Clear and clean table after meals
- Help with preparing meals, under supervision
- Hand you wet clothes to be hung out to dry



Age 6-8

- Clean the bathroom sink and wipe down kitchen benches
- Sweep, mop and vacuum floors and carpet
- Rake leaves
- Take out the rubbish
- Help hang out wet clothes
- Fold clean laundry
- Put away crockery and cutlery
- Help with choosing meals and shopping
- Help with meal preparation and serving, under supervision



Age 9-11

- Clean the toilets
- Make a simple meal
- Do the washing
- Take the bins out and bring back from the kerb
- Change light bulbs
- Clean mirrors



Age 12+

- Wash and vacuum the family car
- Mow the lawn
- Iron clothes
- Babysit younger siblings
- Wash windows
- Cook a meal
- Help with grocery shopping

